

TAKE



YOUR FUTURE

REVISION TECHNIQUES

✓ use it!

don't lose it

THE STATISTICS

- ▶ 66% material is forgotten after 7 days
- ▶ 88% material is forgotten after 6 weeks

- ▶ Reading notes and text books leads to a mere 10% retention 😞



TAKE  YOUR FUTURE

The graphic features the text 'TAKE ctrl YOUR FUTURE' in a bold, black, sans-serif font. The word 'ctrl' is enclosed in a black-outlined square that is tilted at an angle, mimicking a computer keyboard key. The text is positioned in the bottom right corner of the slide, with several white diagonal lines extending from the right edge towards the top right, creating a sense of motion or direction.

BE ORGANISED

- ▶ When?
 - ▶ Alert – times of the day...
- ▶ Why?
 - ▶ Review
- ▶ Filling System
- ▶ Notes
 - ▶ Less is more
- ▶ Where?
 - ▶ Sit at a desk – somewhere designed for study
- ▶ What?
 - ▶ Make task specific & realistic
- ▶ How?
 - ▶ Like > Less favoured > Like

TAKE  YOUR FUTURE

MAKE A TIMETABLE

- ▶ Know your topics and subtopics
- ▶ Plan when you are going to study
- ▶ Use short bursts
- ▶ Timetable in Exercise



TAKE  YOUR FUTURE

The graphic features the text 'TAKE' on the left, a square icon with the text 'ctrl' inside, and 'YOUR FUTURE' on the right. The entire graphic is set against a background of several white diagonal streaks that create a sense of motion and speed.

KNOW YOUR LEARNER



Visual learners prefer to:

- ❖ Draw pictures and diagrams
- ❖ Colour code their work
- ❖ Use different coloured paper, pens etc
- ❖ Use their own system of symbols etc
- ❖ Create images and scenes in their minds

Auditory learners prefer to:

- ❖ Say their work aloud
- ❖ Give presentations to an imaginary audience
- ❖ Record notes on a tape recorder
- ❖ Use silly noises to remember things
- ❖ Hear the information in their mind
- ❖ Play instrumental music





Kinaesthetic learners prefer to:

- ❖ Do actions when learning key facts
- ❖ Walk about when learning
- ❖ Find it harder to sit at a desk
- ❖ Add emotions and textures to exaggerate information
- ❖ Try to experience what they are learning

- ▶ If you know what type of learner you are, you can then tailor your revision to your needs...

REVISION ACTIVITIES

- ▶ Highlight
- ▶ Chant/Rap
- ▶ Exam Questions and Mark Scheme
- ▶ Write your own Q's
- ▶ Mnemonics
- ▶ Mind-maps
- ▶ Key words – post-its
- ▶ Flash Cards
- ▶ Podcasts
- ▶ Family and Friends Test

TAKE  YOUR FUTURE

AFTER A ONE HOUR MEMORISING SESSION:

- ▶ 10 minutes later revise the topic for 10 minutes
- ▶ 1 day later revise the topic for 5 minutes
- ▶ 1 week later revise the topic for 2-5 minutes
- ▶ 1 month later revise the topic for 2-5 minutes
- ▶ Before exams revise the topic as required.
- ▶ **Each time knowledge is reinforced; it enters deeper into the long-term memory and becomes more stable.**



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