

# BIDDICK ACADEMY

SPECIALISING IN SPORTS  
AND PERFORMING ARTS

## Sex & Relationship Education (2017-18)

Policy

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# Sex and Relationship Education Policy

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## Introduction

The aim of having a sex and relationship policy is to clarify the provision of sex and relationship education to all students (including education about HIV and AIDS and other sexually transmitted diseases) and the teaching of human growth and reproduction as set out in the National curriculum. It is recommended that sex and relationship education be delivered through the tutorial and citizenship programmes of study alongside the social skills programme of study.

### 1.1 Aims

The aims of this policy are:

- To support the young persons development in ways that will foster security, confidence and independence.
- To provide an environment in which young people feel safe, secure, valued and respected, and feel confident, and know how to approach adults if they are in difficulties, believing they will be effectively listened to.

## Academy Responsibilities

### 2.1 Roles within the Academy

We will ensure that:

All **teachers** take their responsibility to ensure the safety and welfare of students seriously because they act in loco parentis. Parents and carers can be reassured that the personal beliefs and attitudes of teachers will not influence the teaching of sex and relationship education within the tutorial, citizenship and social skills framework.

**Teachers** and **other staff** are also required to adhere to the Academy's safeguarding policy and cannot offer or guarantee absolute confidentiality.

### 2.2 Preventing unsuitable people from working with children

The Academy will operate safeguarding practices including ensuring appropriate ISA register, DBS and reference checks are undertaken according to advice given by the Independent Safeguarding Authority and the DCSF if outside agencies are invited to deliver specialised areas of sex and relationship education.

### 2.3 Supporting Students

We recognise that a young person may be personally affected by sex and relationship education and will ensure that appropriate support is put in place if required.

Our Academy will support all students by:

- Encouraging self-esteem and self-assertiveness, through the curriculum as well as our relationships, whilst not condoning aggression or bullying.
- Promoting a caring, safe and positive environment within the school.
- Liaising and working together with all other support services and those agencies involved in the safeguarding of children.
- Notifying Social Care as soon as there is a significant concern.
- Providing continuing support to a young person about whom there have been concerns who leaves the school by ensuring that appropriate information is copied under confidential cover to the young persons new setting and ensuring the school medical records are forwarded as a matter of priority.

## 2.4 Delivery of sex and relationship education

Our programme of study for tutorial, citizenship and social skills develops understanding of the nature of sexuality and relationships. It encourages the acquisition of skills and attitudes that allow students to be responsible to allow for healthy relationships and providing them with parenting skills for later in life. The programmes are carefully structured to allow for continuity through the years and ensuring all levels of maturity are continually met. Sex and relationship education is delivered within a moral framework so that alongside knowledge and information, students are encouraged to consider the importance of values.

Sex and relationship education is delivered by a specialist team of teachers who are confident and comfortable teaching sensitive issues.

In years 9 and 10 students work on sex education is delivered through the APAUSE (Added Power and Understanding in Sex Education) initiative from Exeter University. APAUSE is a multi agency programme which aims to promote the positive emotional and physical aspects of relationships.

Methods of teaching sex and relationship education include presentations, discussion, guest speakers, worksheets, videos and text books.

The processes of human growth and reproduction will be delivered through National Curriculum Science.

## 2.5 Content of sex and relationship education.

We aim to develop attitudes and values through:

- Promoting respect, value, love and care of themselves and others including respect for individual and cultural differences
- Developing understanding and promoting sensitivity towards the needs and views of others and modelling appropriate behaviour
- Discussing moral issues including concepts associated with right and wrong; encouraging responsibility for their own actions and promoting positive self images
- Exploring responsibility to the Academy, family and the wider community

We aim to develop personal and social skills through:

- learning how to share and cooperate with others
- experiencing being part of a community within the class, the school and the wider community, enjoying the benefits, and learning to accept the responsibilities this brings.
- enabling pupils to express preferences, communicate needs, make decisions, choose options that other people act upon and respect
- support students in learning to understand appropriate and inappropriate behaviours and manage their own behaviour and emotions.
- enabling students to make choices and deal with the consequences that these may bring
- enabling students to make choices based on an understanding/acceptance of differences and absence of prejudice.
- developing self respect and empathy for others
- developing self awareness and self esteem
- developing skills to manage potential conflict and upset
- learning how to assert oneself appropriately and so avoid abusive exploitation.

We aim to develop knowledge and understanding through:

- developing body awareness and physical control
- developing an understanding of their ability to influence the environment
- developing a knowledge of gender, growth and development
- learning when privacy is appropriate and how to protect one's own privacy

- promoting a positive attitude to body changes around puberty and developing the skills needed to cope with them
- developing an understanding of physical feelings, including physiological responses to touch
- developing an understanding of own and others sexuality, sex health, emotions and relationships
- learning about healthy lifestyles

As part of the sex and relationship education programme issues of contraception, HIV/AIDS, sexuality, unwanted pregnancies and abortion will be addressed. Facts are presented in an objective and balanced way, with students being encouraged to consider their attitudes and values. They will be made aware of the differences between fact, opinion, and cultural and religious beliefs.

## **2.6 Withdrawal from sex and relationship education**

Parents and carers have the right to withdraw their children from sex and relationship education and alternative arrangements will be made for their children's supervision. The request to withdraw must be made in writing to the head teacher.